

The ⁵⁴⁶ ~~Book~~ ^{Part}

Nature of the drink

Kauhi, OR Coffe,

and the Berry of which
it is made,

Described by an *Arabian*
Phisitian.

Dr Pococke's Translator

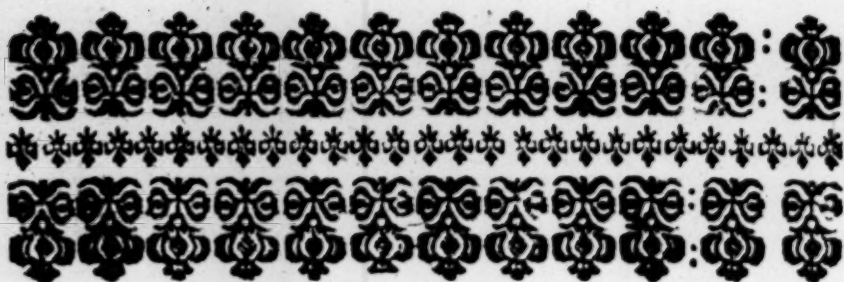


OXFORD,

Printed by Henry Hall, in the yeare
of our Lord, 1659.



L. F. a
8



UN is a plant in *Taman*, which is planted in *Adar*, and groweth up and is gathered in *Ab*. It is about a cubit high, on a stalk about the thicknesse of ones thumb. It flowres white, leaving a berry like a small nut, but that sometimes it is broad like a bean; and when it is peeled, parteth in two. The best of it is that which is weighty and yellow; the worst, that which is black. It is hot in the first degree, dry in the second: it is usually reported to be cold and dry, but it is not so; for it is bitter, and whatsoever is bitter is hot. It may be that the scorce is hot, and the *Bun* it selfe either of equall temperature, or cold in the first degree. That



من شجرها ليدن يغرس حبة في
 اذار وينمو ويقطف في اب
 ويطول نحو ذراع علي هاق غلط
 الابهام ويظهر ابيض يخلف حبا
 كالبندي وربما تفرطح كالباقلي وانا
 قشر انقسم نصفين واجوده الرزيم
 الاصغر وارنا الامدون وهو حار في الاولي
 يابس في الثانية وقد شاع برونه ويبسته
 وليس كذلك لانه مر وكل مر حار
 ويمكن ان القشر حار ونفيس البدن
 اما معتدل او بارد في الاولي
 والذي

والذي يعتضد برن عفو صيته
وبالجملة فقد جرب * لتخفيف الرطوبات *
والسعال البلغمي ولنزلات وفتح السدود لتجفيف
وانرار البول وقد شاع الان اسمه بالقهوة
ان احص وطبخ بالغيا وهو يسكن غليان
الدم وينفع من الجذري والحصية
والشرى الدموي * والكن يجلب لبن *
الصداع الدوري ويهزل جدا وبورث السهر
ويولد البواهرير ويقطع شهوة الباه وزها
افعي الي مالنخوليا فمن اراد شربه
للمنشاط ونفع الكسل وما ذكرناه فليكثر
من اكل الحلو معه ودهن الفستق
والزمن وقوم يشربونه باللبن وهو
خطا يخشي منه البرص :

FINIS.

That which makes for its coldnesse is its
stipticknesse. In summe it is by experi-
ence found to conduce to the drying of
rheumes, and flegmatick coughes and di-
stillations, and the opening of obstructi-
ons, and the provocation of urin. It is
now known by the name of *Kohwah*.
When it is dried and throughly boyled,
it allayes the ebullition of the blood,
is good against the small poxe and mea-
sles, and bloudy pimples; yet causeth
vertiginous headheach, and maketh lean
much, occasioneth waking, and the Em-
ruds, and asswageth lust, and sometimes
breeds melancholly. He that would drink
it for liveliness sake, and to discusse sloth-
fulness, and the other properties that
we have mentioned, let him use much
sweet meates with it, and oyle of pistac-
cioes, and butter. Some drink it with
milk, but it is an error, and such as may
bring in danger of the leprosy.

FINIS.